



CODE of CONDUCT

For the comfort, safety and convenience of our members we have established some very simple rules and etiquette that we ask all members and guests to abide by.

- ◆ *Participants are asked to please change into a separate, clean pair of shoes for their indoor recreational use. Shoes are required to be worn on the fitness floor at all times*
- ◆ *Sleeved shirts must be worn at all times on the fitness floor. Sleeveless shirts are acceptable in the cycling room and group exercise room.*
- ◆ Youth under 15 years of age are not permitted in the Strength Training and Cardio Exercise areas
- ◆ Public display of amorous affection is not permitted and will not be tolerated.
- ◆ Eating and drinking permitted in designated areas ONLY!
- ◆ No coffee, sports drinks, or anything other than water is permitted on the fitness floor, this includes the cardio machinery!
- ◆ No spitting, chewing tobacco, or smoking of any kind are permitted in the facility
- ◆ Only scuff-resistant shoes are allowed in the studio. Turf shoes, spiked shoes, street shoes are absolutely prohibited any within the facility

- ◆ Use the disinfectant in the spray bottles to wipe down your machine after use
- ◆ No solicitation
- ◆ The following activities are not permitted and will result in suspension, expulsion or termination of membership:
 - a. Fighting
 - b. Stealing
 - c. Property Damage & Vandalism
 - d. Loitering (inside or outside of facility)
 - e. Disorderly Conduct
 - f. Horseplay
 - g. Littering
- ◆ We recommend that any individual involved in strenuous activity carry appropriate identification in case of an emergency.
- ◆ The Ravenna Parks and Recreation reserves the right to add, amend or delete rules as necessary

PLEASE NOTE - Participation in any physical activity has possible inherent and unforeseen risks which include injury or death. Anyone using any of the City of Ravenna Recreation Facilities must be aware of this fact, assume the risks and be responsible for taking proper precautions. Precautions to be taken should include: a physician's examination and health clearance, adequate knowledge of skills and proper training procedures and knowledge of all rules and regulations of all City of Ravenna Recreation Facilities before participating in an activity offered by the city or at any of its facilities.